



U.S. Railroad Retirement Board

Pre-Retirement Seminars

For railroad employees and spouses
within five years of retirement



About Pre-Retirement Seminars

The RRB's Pre-Retirement Seminar program is designed to help educate those nearing retirement about the benefits available to them, and what to expect during the application process. Our benefit experts are available at each seminar to answer questions from program attendees, who receive a seminar kit full of helpful materials. Sponsored by the Office of the Labor Member, this program is offered in a number of RRB-serviced localities across the country every year. Registration is required.

What to bring

If you have not yet submitted any of the documents required in order to file a railroad retirement application (such as proof of age, marriage, or military service), please bring the original records or certified copies with you, along with an additional copy of each item to leave behind with our staff.

How to register

Due to limited space, registration is required. Event details and registration will be available approximately 70 days in advance of each seminar at [RRB.gov/PRS](https://www.rrb.gov/PRS).



2024 SPRING SEMINARS

April 12	Atlanta, GA	May 17	Omaha, NE
April 19	Baltimore, MD	May 17	Roanoke, VA
April 19	Newark, NJ	June 14	Salt Lake City, UT
April 26	Oakland, CA	June 21	Huntington, WV
April 26	St Paul, MN	June 21	Kansas City, KS
May 3	Covina, CA	June 28	Boston, MA
May 10	Central Islip, NY	June 28	Chicago, IL
May 17	Altoona, PA	June 28	Little Rock, AR

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