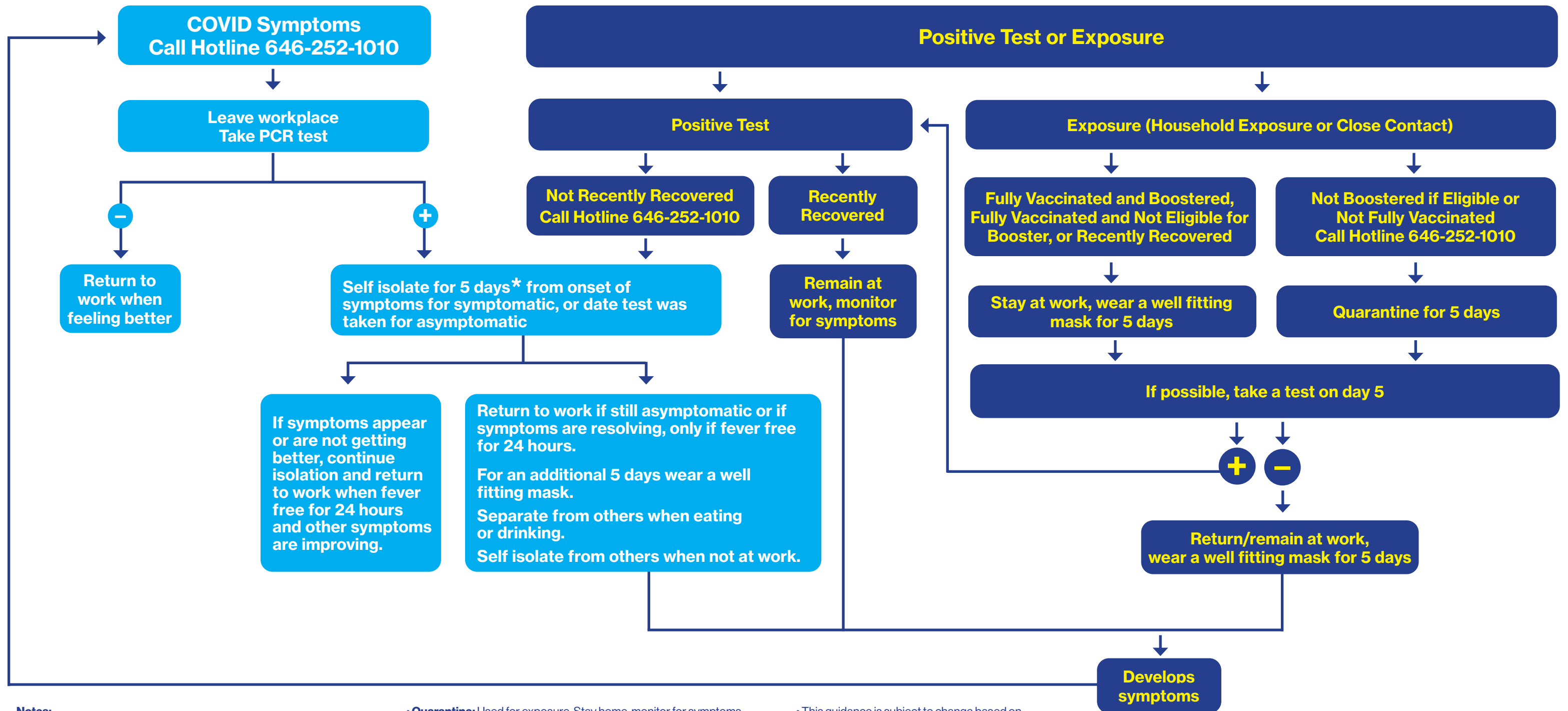


Employee COVID Exposure, Symptoms, or Positive Test Guidance



Symptomatic

Asymptomatic



Notes:

- **Fully Vaccinated:** 2 weeks following final dose (2nd dose of Pfizer & Moderna or 1st dose of J&J).
- **Boostered:** 2 weeks following booster dose.
- **Recently Recovered:** Positive test within past 90 days and recovered.
- **Close Contact:** Within 6 feet for at least 10 minutes.
- **Household Exposure:** Sharing a residence or sleeping area for more than 24 hours.
- **Monitor:** Check temperature every 12 hours, mask at all times.

- **Quarantine:** Used for exposure. Stay home, monitor for symptoms. Avoid interaction with people at high risk.
- **Isolate:** Used for positive test. Stay home, stay in a separate room from others. Use a separate bathroom if possible.
- **Well Fitting Mask:** KN95/N95 or cloth, if using cloth mask, one mask must be tight fitting disposable.
- Travel restrictions and requirements change frequently. Please check NYS, CDC, and airline guidance for the most current information.

• This guidance is subject to change based on OHS assessment or quarantine orders.

*** 10 days for immunocompromised employees based on documentation provided when contacted by OHS.**

Based on supervisory approval, Employees who are able to Telework based on their job duties, can do so during isolation and quarantine periods.

This guidance does not alter the MTA VAX or Test requirements.